

Rules for life in retirement

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- It's okay to hold and express strong opinions. Demanding that others share them is a fool's errand.
- Sock, shoe, sock, shoe.
- Do the dishes; a tidy kitchen makes the day start well.
- Cats are pets; dogs are companions. I like dogs.
- Try not to harbor stresses.
- With that in mind, that chore you've been dreading, do now.
- Forgive but don't forget.
- Don't expect neighbors to do things your way. Keep in mind they didn't get to choose you, either.
- This doesn't mean you roll over and play dead when they decide to create a junk yard on the property line. But do choose your battles.
- Don't get too wound up about changes wrought by the younger generations. You won't have to live in their world, so let them have their go at shaping it.
- Arguing politics with stupid people is the logical equivalent of picking at scabs. Neither the scabs nor the idiots will be improved by the process.
- Start the day. Doesn't matter if you don't have a plan. Do something, then do something else. Let the day make its own plan.
- Tell someone they are valued.
- Every now and then, stop and stare. Notice stuff.
- Read.
- Many times, the best conversation you can have is with yourself.
- If you're at a loss what to discuss with yourself, read something. Anything.
- Try to find more to appreciate than to disdain. (Yeah, still working on this one.)